

50 Screen-Free Alternatives

for Parents & Kids

1. Visit your local library.
2. [Build a fort together.](#)
3. [Bake something yummy together!](#)
4. Go fishing. Go for real or just pretend to go!
5. [Play a game of invisible basketball.](#)
6. [Climb a tree.](#)
7. Make your own sidewalk chalk stencils.
8. Act out a favorite book or movie.
9. Go to the park.
10. [Play Red Light, Green Light](#) or another classic childhood game.
11. Make wishes in a fountain.
12. Go on a picnic.
13. [Build and fly your own kite.](#)
14. [Tell stories.](#)
15. [Craft up some handmade gifts for Mom](#) (Mother's Day is coming up!)
16. [Have family game time.](#)
17. [Host a birthday party.... for your child's teddy bear.](#)
18. [Dress up! Pretend play through dress up can be fun for the whole family.](#)
19. Write thank you notes together.
20. Go camping and leave the screens at home or camp out in your living room and pretend they aren't there!
21. [Build a marble run.](#)
22. Go on a nature walk.
23. Clean one room of the house together. Pretend you are filming a cleaning commercial.
24. [Write to a pen pal.](#)
25. Plant a container garden.
26. Go stargazing.
27. [Communicate with lightening bugs.](#) All you need is a flashlight!
28. Have a candlelight night. Go *completely* unplugged and eat, play and bathe by candlelight.
29. [Start a lemonade stand.](#)
30. Try to find pictures in the clouds. What can you see?
31. Build a town with blocks. Use masking tape for roads.
32. Go on a treasure hunt.
33. [Make a potion lab.](#)
34. Take turns reading to each other.
35. Make mud pies together.
36. Go on a bug hunt!
37. Whip up a batch of homemade play dough.
38. [Make pet rocks.](#)
39. Do a puzzle together.
40. Visit a "U-Pick" farm and pick your own fruit!
41. [Make your own scratch and sniff paint.](#)
42. Look through family photo albums and share favorite memories.
43. [Craft up a batch of tissue paper flowers, then make "deliveries" to friends.](#)
44. Make your own musical instruments and start a family band.
45. Build an obstacle course together.
46. Make paper airplanes. See which style of plane flies the straightest, fastest, etc.
47. [Paint...with water!](#)
48. Have a joke contest. Try and get the most laughs.
49. [Start a stamp collection.](#)
50. Volunteer for a cause as a family.